Main Meal

|  |  |  |
| --- | --- | --- |
|  | Staff | Student |

|  |  |  |
| --- | --- | --- |
| ****Salmon fillet, artichokes &leeks, tomato salasa**** |  |  |
| Contains fish |  |  |
| ****Lamb & mint burger, onion relish, brioche bun**** |  |  |
| Contains eggs, cereals containing gluten, sulphur dioxide, sesame seed, soya, mustard, milk |  |  |
| ****Quorn vegetable lasagne****  |  |  |
| Contains eggs, cereals containing gluten, milk |  |  |
| ****Marinated tofu, roasted vegetables, pesto****  |  |  |
| Contains soya |  |  |

Vegetable

|  |  |  |
| --- | --- | --- |
|  | Staff | Student |

|  |  |  |
| --- | --- | --- |
| ****Sugar snap peas****  |  |  |
|  |  |  |
| ****Carrots****  |  |  |
| Contains celery |  |  |

Hot Jacket Filling

|  |  |  |
| --- | --- | --- |
|  | Staff | Student |

|  |  |  |
| --- | --- | --- |
| ****Baked beans****  |  |  |
|  |  |  |

Cold Jacket Filling

|  |  |  |
| --- | --- | --- |
|  | Staff | Student |

|  |  |  |
| --- | --- | --- |
| ****Grated mature cheese****  |  |  |
| Contains milk |  |  |
| ****Tuna mayonnaise**** |  |  |
| Contains eggs, fish |  |  |

Hot Dessert

|  |  |  |
| --- | --- | --- |
|  | Staff | Student |

|  |  |  |
| --- | --- | --- |
| ****Apple & cinnamon tart/ custard****  |  |  |
| Contains eggs, cereals containing gluten, sulphur dioxide, milk |  |  |

Cold Dessert

|  |  |  |
| --- | --- | --- |
|  | Staff | Student |

|  |  |  |
| --- | --- | --- |
| ****Raspberry bakewell tart****  |  |  |
| Contains eggs, cereals containing gluten, sulphur dioxide, nuts, soya, peanuts, milk |  |  |
| ****Mango & coconut cheesecake****  |  |  |
| Contains eggs, cereals containing gluten, sulphur dioxide, nuts, soya, peanuts, milk |  |  |
| ****Chocolate mousse****  |  |  |
| Contains milk |  |  |
| ****Fresh fruit salad****  |  |  |
|  |  |  |

Potato

Spicy herb diced

Contains cereals containing gluten



|  |  |
| --- | --- |
|  |  |
|  |  |
|  |  |
|  |  |

Soup

Carrot & coriander



|  |  |
| --- | --- |
|  |  |
|  |  |
|  |  |
|  |  |